## **Concussion Protocol Training**

1. Log in to www.cifstate.org/sports-medicine/concussions/index

١

2. Select the "Concussion in Sports" button

Concussions - California 🗙			-	₽	×
- → C ☆ ① cifstate.org/spo	rts-medicine/concussions/index	57	0	Ģ	:
		0	ther boo	kmark	à
	COMMITTED TO DEVELOPIN S STUDENT-ATHLETES OF CHARACTER 📑 🍠 You 🌆 🖸				
	CALIFORNIA INTERSCHOLASTIC FEDERATION				
	SPORTS MEDICINE / SPORTS / INCLUSIVE SPORTS / PARENTS & STUDENTS / COACHES & ADMIN / GOVERNANCE		_	_	
	MEDIA CENTER / OFFICIALS / S ONSORS / MERCHANDISE / CIF SECTIONS / FAQ'S / ABOUT				
Concuss	ions				
Updated M	larch 2016				
	e data continues to show that many catastrophic here injuries are a direct result of injured athletes returning to play too soon, not having				
fully recover	ered from the first head injury. Additionally, the Centres for Disease Control reports that approximately 3 million sports and recreational occur every year.				
	aw mandates that all coaches must receive training on concussions. The training may be fulfilled through the free, online course available e National Federation of State High School Associations (NHS).				
	CONCUSSION IN SPORTS WHAT YOU NEED TO KNOW (CUCK TO ACCESS) THIS FALLE (COULSE)				
	<i>Complete this 20-minuted and the Cherry of the freehouse of the NFHS and the CIF.</i>				
	Coaches should download and print their certificate at the completion of the course.				
	y, California law mandates that all CIF member schools must comply with the following: On a yearly basis, a concussion and head injury n sheet shall be signed and returned by the athlete and the athlete's parent or guardian <u>before the athlete's initiating practice or competition.</u>				Ĩ
	documents from the CIF Sports Medicine Advisory Committee (SMAC) that schools/districts may use to <u>meet this mandate</u> which informs d students on concussion signs and symptoms.				
	Concussion Information Sheet / Spanish Version s recommended for use by the CIF Sports Medicine Advisory Committee (SMAC)			٥	

### 3. Select "Register"



### 4. Create an account



5. For "Full name of school/organization" enter Toluca Baseball



### 6. Select "Order Course"

Concussions - California 🗙 🖉 📓 Nfhs	sLearn ×	$\neg$								_	e	×
← → C ☆ ① nfhslearn.com/da								☆ 📴	2	<u>م</u>		:
									_	Other bo	okmark	ĸs
	NFHS.org NFHSLearn	1.com				₽⁄ Welco	me Philip 🔻					
			DASHBOARD	COURSES	NFHSLearn FOR YOU	USER LOOKUP	HELP					
2	Philip Po Coach Administ ♥ California											
<b>1</b>	Home Administrator's Portal	California S (neck with your sc following courses h	hool administration	or state assoc	iation to confirm your state's	s requirements to co	ach. The					
<b>.</b>	Coach's Portal	A RE	Elective Cou		s							
	My Courses	Order Course	Not Purchase	d		🖾 in	f₩					
ß	My National Certificaton		First Aid,	Health and	l Safety						٥	

### 7. Select "Order Course" again



# 8. Select "Checkout"

Concussions - California ×	Shopping Cart A IFHS S ×			_ @ ×
← → C 介 ① nfhslearn.				☆ ➡ S
		Your Shopping Car	rt	
	Courses for myself			
	Course	State	Item Total	
	Concussion in Sports	California	\$0.00 ×	
		C	Courses for mysel subtotal: \$0.00	
			Total. 60.00	
			Continue Shopping Checkout	
				4

## 9. Select "Continue"

					Dother bookm
	'our Order		Order Summary	Edit	
	ourses for Myself		Courses for Myself	\$0.00	
	Curse State	Price \$0.00	Courses for Distribution	\$0.00	
	-	Subtotal : \$0.00	Other Items	\$0.00	
			Total:	\$0.00	
d dan	Totul:	\$0.00			
	Continue	ine education courses, except for Authorize.Net Disk Payment Processing			

### 10. Select "Begin Course"

Concussions - California ×									_ @	×
$\leftarrow \rightarrow$ C $\triangle$ (i) nfhslearn.c	com/?from_order_page=true							☆ 📲	🖸 😌	
	FHS.org NFHSLearn.	com				🛒 Welco	me Philip 🔻			
			DASHBOARD	COURSES	NFHSLearn FOR YOU ~	USER LOOKUP	HELP			
	Phi p Po Coach A ministra Califori a									
	ff Home		·							
	Administrator's Portal	RE	Elective Cou		S					
	🚔 Coach's Portal		0% Complete	d		Active until: 06	6/15/2017			
	-	Begin Course	e Download (	Certificate		🖾 in	f⊌			
	My Courses									
	Active									
	Inactive								0	

### 11. Begin course



### 12. Complete test



#### 13. Select "Download Certificate"



### 14. Save your certificate as a PDF. Name it lastname, firstname.pdf (example – poulsen, phil.pdf)



15. Email your certificate to contact@tolucabaseball.com